If **Bryce Treggs** didn't already know, Mike Denbrock made sure he did when the Notre Dame assistant visited the 2012 wide receiver at St. John Bosco High School (Bellflower, Calif.) on Thursday.

"He was saying he's not going to stop recruiting me," the 5-foot-10, 175-pounder said. "He said he's going to keep on bugging me, he kind of joked around about that."

Treggs committed to Cal, his father's alma mater, in July, but the Irish have stayed involved throughout the process and he took an official visit to South Bend in October. The continued attention is making an impact on Treggs.

"It makes me feel kind of special because even though I'm committed, they're still coming after me hard," he said. "That means a lot."

Denbrock, who met with Treggs for about 45 minutes on Thursday, has made it clear that the Irish see him as the type of player they're looking to bring in.

"He said I'm not just a great football player, but I'm a great person," said Treggs. "He thinks I could fit well in all aspects at Notre Dame."

Treggs, who also visited Notre Dame for the Irish's spring game in April, understood what Denbrock was saying.

"I definitely got that sense," he said. "I think I could fit in well. I liked all of the coaches and stuff like that."

The Golden Bears aren't going to let Treggs get away without a fight and did an in-home visit with him Thursday evening.

"They don't really have to pitch me because I'm already committed," Treggs said of the Bears. "They just basically talked to my mom and told her what they have to offer."

Treggs will take part in Cal's big recruiting weekend next week. He's hoping to have a final decision after he takes his official to Berkeley. "That's pretty much still the plan," he said.

Treggs knows both schools have their benefits.

"The pros at Cal are the education, the chance for early playing time, I love the coaching staff, my dad went there so people are going to know me," he said. "There are a lot of pros.

"I like the tradition at Notre Dame, the education also, the whole family setting over there, everybody is like a family," he said. "I really like that. I like the tradition, I think I already said that, but I like the tradition."

So what's it going to take for Treggs to flip his pledge?

“I don’t even know yet. I’m just waiting on something to happen.”